

# ST. MARY OF THE VISITATION PARISH



16 Cooper Street,  
Cambridge, Ontario N3C 2N2

519-658-4443

stmarycambridge@hamiltondiocese.com

www.stmaryhespeler.ca

Rev. David Reitzel, Pastor dreitzel@hamiltondiocese.com

Mr. Jangho Hong, Seminarian

Mrs. Catherine Quinto Garcia, Pastoral Minister

Mrs. Rosanne Nusca, Administrative Assistant

Mrs. Ruth Ann Milne, Office Assistant

## SCHEDULE OF LORD'S DAY MASSES

Saturday 5:00 p.m.

Sunday 9:00 a.m. and 11:00 a.m.

*Children's Liturgy runs during the 11:00 a.m.*

*Mass for children in Kindergarten to Grade 2*

## WEEKDAY MASSES

Tuesday 7:00 p.m.

Wednesday 8:00 a.m.

Thursday 8:00 a.m.

Friday 8:00 a.m.

## PRAYING THE ROSARY

Tuesday at 6:30 p.m. and

7:30 a.m. on Wednesday, Thursday and Friday.

All are welcome.

## PARISH ADORATION CHAPEL

Our Chapel is available seven days a week starting Sunday at 12 noon through Saturday at 5:00 p.m.

For more information please call Sheila at 519-658-9414.

## OUR PARISH SCHOOLS

Our Lady of Fatima School 519-658-4041

St. Elizabeth School 519-651-0400

St Gabriel School 519-658-2008

St. Benedict Secondary School 519-621-4050

## PARISH OFFICE HOURS

(Located in the lower level of the church)

Monday to Friday: 9:00 a.m. to 4:30 p.m.

## NEW PARISHIONERS

Please register through our parish website or by completing a form located at the parish entrances.

## SACRAMENT OF RECONCILIATION

Tuesday – Friday 15 minutes prior to Mass

Saturday 4:00 p.m. to 4:45 p.m. or  
by appointment.

## SACRAMENT OF BAPTISM

Please contact the parish office to begin the process of preparing your child and family for this Sacrament.

## SACRAMENT OF MARRIAGE

Please contact the parish office before setting a date of marriage in order to begin preparations.

## PASTORAL CARE TO SICK AND HOMEBOUND

Please contact the office and Father David would be most willing to visit.

## ST. VINCENT DE PAUL FOOD PANTRY

Please call 519-658-6511 for assistance.

## FIRST SUNDAY OF LENT

Date	Time	Mass Intentions	Requested by
Tuesday, February 24	7:00 PM	+ Joan Garant + Irena Flik Intentions of Barb Hagey Intentions of Joanne Barker Intentions of Helen Douglas	The Henderson Family Joanna and Family Anna Altomare SSVP Giving Tree Sharon and Bert Harkness
Wednesday, February 25	8:00 AM	Intentions of Mary Ann Comartin	SSVP Giving Tree
Thursday, February 26	8:00 AM	+ Wendy O'Keefe	Chris O'Neill
Friday, February 27	8:00 AM	Intentions of Dave & Erin Henderson	Mary Cylwik
Saturday, February 28	5:00 PM	+ Joan Garant + Patricia Drover + Elias Sequeira + Daniel Kwa Intentions of Eduarda Canhoto	Millie Scapinello Carol and Richard O'Brien Delsie Sequeira John Tjioe and Family The Schiedel Family
Sunday, February 29	9:00 AM 11:00 AM	For the people of St. Mary of the Visitation Parish For the people of St. Mary of the Visitation Parish	

### LENT Pray + Fast + Give

**STATIONS OF THE CROSS:** Fridays at 7:00 p.m., followed by Adoration of the Blessed Sacrament until 8:00 p.m. and concluding with Benediction.

**SUNDAY VESPERS:** On Sundays in Lent, we will be praying Vespers (Evening Prayer) from 5 - 6pm in the church. Vespers is one of the five daily prayers all priests and nuns must pray as part of their vows. These daily prayers are collectively called the *Liturgy of the Hours* or *Breviary*. All are welcome.

**Could you not watch one hour with Me?**

Lent is a time of reflection, a time to reconnect with God in preparation for the beautiful Season of Easter. Are you wondering what to do during this Lenten Season? Why not consider spending one hour a week with Jesus in our Chapel of Adoration. *The following hours are available: Monday: 3AM, Wednesday: 1AM, 6AM, 7AM, Thursday: 2AM, 3AM, 1PM, 8PM, Friday: 1AM, 12PM, Saturday: 4AM.* For more information, please call Frank or Sheila at (519) 658-9414.

**FORMED:** Journey through Lent with one of the enriching programs available on FORMED. *New to FORMED?* Registration is FREE for parishioners. Go to [signup.formed.org](http://signup.formed.org) and type **St Mary of the Visitation Cambridge** to find and select our Parish. Provide your name and email address and "Sign Up".



**FIRST RECONCILIATION 2026:** First Reconciliation will take place on **Thursday, March 26<sup>th</sup>** and **Friday, March 27<sup>th</sup>**. Parents can sign up online for a date and time: <https://www.stmaryhespeler.ca/date-registration>

**MISSION MATS:** Join us in making sleeping mats on **Monday, February 23<sup>rd</sup>** from **6:30 – 8:30 p.m.** in the Parish Centre. Volunteers are needed to help with the many steps of turning milk bags into sleeping mats. A great way for high schoolers to earn volunteer hours. All are welcome!

**FAMILY ROSARY NIGHT:** You and your family are invited to join us for a Family Rosary Night on **Wednesday, February 25<sup>th</sup> at 6:30 p.m.** in the church. Come join us for an evening of faith, love and prayer. Coffee and refreshments to follow. Please bring a shareable snack.



**MONTHLY COLLECTION:** Members of the St. Vincent de Paul Society will be collecting donations after all Masses this weekend. Envelopes are available for those who would like a tax receipt. Thank you for your continued support!

**2025 TAX RECEIPTS:** All 2025 donation receipts have been mailed. Contact the office if you have not received your tax receipt by February 28<sup>th</sup>.



**THANK YOU:** We wish to thank the Knights of Columbus Council 4916 for their generous donation in support of our parish.

**PARISH OFFERINGS for Feb. 14/15, 2026**

Sunday Envelopes: \$2,876.95

**PRE-AUTHORIZED GIVING for FEBRUARY 2026**

Sunday Offerings: \$ 5,672.00

Building Fund: \$ 1,040.00

*Thank you for your continued financial support. Please remember St. Mary of the Visitation in your will and when recommending expressions of sympathy.*

**PRE-AUTHORIZED GIVING:** Have you considered donating to the parish through our pre-authorized giving program? Pre-authorized giving replaces weekly cash or cheque offerings with monthly transfers from your bank account directly to the parish. Not only is this method of giving helpful to the parish, it is also more convenient for you – and, most importantly, it encourages us to give in a way that is intentional, faithful, and sacrificial. You are encouraged to prayerfully reflect on whether this method of giving is right for you. You can find the brochure and authorization form on our website: <https://www.stmaryhespeler.ca/donate>

**VOCATIONS:** Jesus was led by the Holy Spirit into the desert for forty days of prayer and fasting. Are you open to being led by the Holy Spirit into the life-commitment God has prepared for you? If God is calling you to serve Him as a priest, deacon, brother or sister, contact Fr. Mark Morley, Director of Vocations, Diocese of Hamilton at 905-528-7988. email [vocations@hamiltondiocese.com](mailto:vocations@hamiltondiocese.com). Visit [www.hamiltondiocese.com/vocations/](http://www.hamiltondiocese.com/vocations/)

**LENT BOOK CLUB:** The Office for Evangelization and Catechesis invite you to join us for a four-week virtual book club, exploring Pope Leo XIV's first Apostolic Exhortation, "On Love of the Poor." Aligned with our Lenten journey, this series will explore the key themes and messages of our Holy Father's message on love and solidarity with those who experience marginalization. For registration: <https://hamiltondiocese.com/events/>

*Upcoming Events at the Parish*

- February 21----- Family Potluck and Game Night in the Parish Centre at 6:00pm
- February 21/22----- SSVp collection following all Masses
- February 22----- Sunday Vespers at 5:00pm
- February 23----- Mission Mats at 6:30pm in the Parish Centre
- February 25----- Family Rosary Night at 6:30pm in the Church
- February 25----- Spanish Prayer Group at 8:00pm in the Hearth Room
- February 27----- Stations of the Cross at 7:00pm in the Church

**DIOCESAN WEDDING ANNIVERSARY MASS:**

Are you celebrating your 25th, 40th, 50th, 60th, or 60+ Wedding Anniversary in the year 2026? You are cordially invited to join Bishop Dabrowski and couples from across the Diocese of Hamilton for a special Wedding Anniversary Mass on **Sunday, May 31<sup>st</sup>, 2026 at 1:30 p.m.** at the Cathedral Basilica of Christ the King, 714 King Street West in Hamilton. (Space allows room for Anniversary couples only - those married 60 years or more may bring one guest if you require assistance). Registration is found under "Upcoming Events" on the home page at [hamiltondiocese.com](http://hamiltondiocese.com) or call the Family Ministry Office at 905-528-7988 ext. 2249.

**40 DAYS FOR LIFE: February 18<sup>th</sup> – March 29<sup>th</sup>**

Helping to end the injustice of abortion. 40 Days for Life is an internationally coordinated 40-day campaign that aims to end abortion locally through prayer and fasting, community outreach, and a peaceful all-day vigil in front of abortion businesses. Visit [www.40daysforlife.com](http://www.40daysforlife.com) for local campaign information.

**YOUNG ADULTS NIGHT:** Fr. Mark Morley invites young adults (ages 20s and 30s) of our diocese to attend an evening of Adoration, fellowship and music for Lent in support of you as you discern your vocation and as we prepare to celebrate Easter. The Young Adults Night includes a Holy Hour (6:30pm-7:30pm), social with food, vocations testimony, Lenten music concert, and Compline (9:00pm) on **Saturday, March 7<sup>th</sup>** at St. Ann Church (120 Sherman Avenue North, Hamilton, ON). Sponsored by the Vocations Office of the Diocese of Hamilton. <https://hamiltondiocese.com/vocations/> For more info contact: [vocations@hamiltondiocese.com](mailto:vocations@hamiltondiocese.com).



**WORLD DAY OF PRAYER 2026: "Rest for the Weary"**

This year the World Day of Prayer will be hosted at **Wanner Mennonite Church** on **Friday, March 6<sup>th</sup> at 1:30 pm**. Social and fellowship time following the Ecumenical Worship service. All are welcome. Please see the poster in the church entrance for details.

# SCHIEDEL

CONSTRUCTION INCORPORATED

Design-Build  
Project Management  
General Contractors

405 Queen St. W.

519-658-9317

www.schiedelconst.com



Listen to  
the *Holy Rosary Hour*

Sunday  
from 7 - 7:30 a.m.

On CKWR 98.5 fm  
Sponsored by CWL

## Goad and Goad LAW FIRM

Estate and Wills  
Powers of Attorney  
Real Estate & Business Law

519-623-7660

www.goadandgoad.com

## FREE HEARING SCREENINGS



### NEW HOPE HEARING

101 Holiday Inn Dr.  
Cambridge, ON

519.220.1441

*A Proud Hespeler Business Since 2010*



## HERITAGE MEADOWS

Retirement Living

Book your tour with  
a complimentary  
lunch today

Diana Hermo  
519-620-9999

brightwaterseniorliving.com



## Dumfries Memorials

670 Fountain St. N.  
beside Parklawn Cemetery

519-650-0190

**George Szczepski CA CPA**  
Personal & Corporate Tax  
**519-654-6633**  
taxtip07@gmail.com



Shopping  
Locally  
Saves Gas

### JOIN US

To learn more about your  
Parish Knights of Council #4916

Contact  
GK George Harris  
519-621-3665  
or  
PGK Dan Schmalz  
519-239-5003



ALFRED FACH  
EXCAVATING  
LTD.

R.R. 21, Cambridge

519-658-5021

THE PERFECT  
SPOT  
TO  
ADVERTISE



TO ADVERTISE IN THIS SPACE

PLEASE CALL

1-800-268-2637

# Lounsbury

## FUNERAL HOME

Steve Parker

Owner

1766 Franklin Blvd.

519-658-9366

www.lounsburyfuneralhome.com